



Programme for the Youth Games 2019 in Aalborg July 30th - August 4th

Tuesday July 30th

Arrival during the day and accommodation. Accommodation will be in sports.

We will pick you up in the airport/at the railway station – if you are travelling to Aalborg by plane or train.

If you are travelling by bus – the arrival address is: Freja, Vestre Fjordvej 15, 9000 Aalborg - please call or SMS +45 22 1000 27 - one hour before arriving.

16.00-18.00 Dinner – if you arrive later – we will provide you with sandwiches.

Wednesday July 31th

07.00-09.00 Breakfast and lunch bags.

09.00-15.00 Competition/Training at the sports.

16.30 Meet at Freja – preparation for the opening ceremony.

17.00 Opening parade from Freja to Vestre Fjordpark.

17.30 Opening ceremony at Vestre Fjordpark.

18.00-19.30 Dinner at Freja.

Thursday August 1st

07.00-09.00 Breakfast and lunch bags.

09.00-15.00 Competitions/Training at the sports (programme for each sport will be specified later).

18.00-21.00 Dinner and fun in the sports.

Friday August 2nd

07.00-09.00 Breakfast and lunch bags.

09.00-15.00 Competitions/Training at the sports (programme for each sport will be specified later).

16.30-18.00 Dinner at Freja.

19.00-23.00 Disco Party for the participants at Freja.

19.00-23.00 Leaders Party at Freja.

Saturday August 3rd

07.00-09.00 Breakfast and lunch bags.

10.00-15.30 Fun day in Vestre Fjordpark – with lots of activities - remember swimwear.

16.00 Preparing for the closing ceremony at Vestre Fjordpark.

16.30 Closing ceremony at Vestre Fjordpark.

18.00-19.30 Dinner at Freja.

Sunday August 4th

07.00-09.00 Breakfast and lunch bags.

Departure during the day.



AALBORG
KOMMUNE